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| | LESSON • OBJECTIVES | GRAMMAR | VOCABULARY | PRONUNCIATION |
|------------|---|--|---|--|
| U1 | CONNECTIONS | | | |
| 1.1 | Personality (p2) Talk about reactions and feelings Design and present a meet-up group | question forms | feelings | intonation in <i>yes/no</i> and <i>wh</i> -questions |
| 1.2 | Who we are (p6) Compare, contrast and summarise short biographies Talk about people that have influenced you | tense review | personality adjectives noun suffixes | connected speech: final consonant and initial vowel |
| 1.3 | Café Hub Keeping it in the family (p10) give your opinion on the role of inherited ability in success | | idioms: family | |
| | UNIT REVIEW (p12) | WRITING (pXXIV) Write a formal letter asking for information KEY SKILL Structuring formal letters | | |
| U2 | LIFESTYLES | | | |
| 2.1 | A full life (p14) Talk about health and lifestyle choices Plan and conduct a lifestyle survey | present perfect simple and present perfect continuous | health and fitness | connected speech: present perfect continuous |
| 2.2 | Change (p18) Conduct an interview about lifestyle changes Debate the impact of smartphones | used to, would, get used to, be used to | adverbs of stance adverb + adjective collocations | catenation: <i>used to</i> |
| 2.3 | Café Hub Clean eating (p22) give your opinion on food choices | | adding emphasis | |
| | UNIT REVIEW (p24) | WRITING (pXXV) Write an article giving advice KEY SKILL Using different structures to give advice | | |
| U3 | SURVIVAL | | | |
| 3.1 | Staying alive (p26) Create a collaborative story Tell a personal anecdote | narrative tenses | descriptive verbs | dramatic storytelling techniques |
| 3.2 | Fear and danger (p30) Discuss priorities in a survival situation Talk about fears and offer advice | alternatives to <i>if</i> in conditionals | phrasal verbs to describe problems dependent prepositions: adjectives | intonation in conditional sentences |
| 3.3 | Café Hub Don't look down (p34) describe a journey | | shortened idioms | |
| | UNIT REVIEW (p36) | WRITING (pXXVI) Write a short story KEY SKILL Using adverbs to add detail to a story | | |
| U4 | THE FUTURE | | | |
| 4.1 | My future (p38) Talk about future plans and goals Make predictions about the future of work | future forms | noun + preposition collocations nouns and verbs with the same spelling | nouns and verbs with the same spelling |
| 4.2 | What will life be like? (p42) Evaluate future predictions Debate a range of transport proposals | future perfect simple, future continuous and future perfect continuous | intensifiers | intonation with intensifiers |
| 4.3 | Café Hub The robot revolution (p46) give your opinion on automation in the workplace | | <i>right</i> | |
| | UNIT REVIEW (p48) | WRITING (pXXVII) Write a for and against blog post KEY SKILL Structuring a for and against blog post | | |
| U5 | CHANGE | | | |
| 5.1 | Changing environment (p50) Summarise a sequence of past events Evaluate a range of proposals | the passive causative <i>have and get</i> | green vocabulary | glottal stops |
| 5.2 | Changing places (p54) Talk about changes in your town or city Evaluate candidates and put together a team | -ing and infinitive forms | describing areas of a city prefixes | words that lose a syllable |
| 5.3 | Café Hub Getting into the habit (p58) discuss ways to help the environment | | conditional counterarguments | |
| | UNIT REVIEW (p60) | WRITING (pXXVIII) Write a problem solution article KEY SKILL Describing problems and solutions | | |

| READING • LISTENING | SPEAKING • WRITING |
|--|--|
| <p>read an online article about everyday heroes KEY SKILL Skimming for the main ideas listen to three conversations at meet-up groups</p> | <p>discuss how you would react in three different scenarios SPEAKING HUB plan and present an idea for a new meet-up group in your area</p> |
| <p>read biographies of famous people who overcame challenges listen to a radio interview about personality types KEY SKILL Listening for the main ideas</p> | <p>research and discuss famous people that overcame great challenges SPEAKING HUB discuss someone influential from your past</p> |
| <p>▶ watch a video about an Olympic medal winner ▶ watch people talking about family traits</p> | <p>KEY SKILL Developing and introducing new topics SPEAKING HUB debate the influence of practice on ability</p> |
| <p>read a newspaper article about how to live longer listen to radio interviews about lifestyle changes KEY SKILL Listening for reasons</p> | <p>discuss health, fitness and modern lifestyles SPEAKING HUB conduct a lifestyle survey and offer advice</p> |
| <p>listen to a TV interview about quitting the rat race read a for and against article about the impact of social media KEY SKILL Identifying assumptions</p> | <p>interview your partner about how their life has changed over the last ten years SPEAKING HUB have a debate about the impact of smartphones on personal relationships</p> |
| <p>▶ watch a video about clean eating ▶ watch people talking about food</p> | <p>KEY SKILL Backchannelling and lexical repetition SPEAKING HUB present your opinion on veganism</p> |
| <p>read a newspaper article about someone who survived against the odds KEY SKILL Following the sequence of a narrative listen to a radio phone-in programme about extreme sports</p> | <p>tell a dramatic survival story SPEAKING HUB tell an anecdote from your personal experience</p> |
| <p>read an interview with a survival expert listen to an extract from an audiobook about phobias KEY SKILL Listening for definitions, examples and explanations</p> | <p>discuss how to survive a dangerous situation SPEAKING HUB discuss people's fears and how to address them</p> |
| <p>▶ watch a video about climbing a mountain ▶ watch someone telling an anecdote</p> | <p>KEY SKILL Backtracking SPEAKING HUB tell an anecdote about a journey</p> |
| <p>listen to a podcast about turning points in people's lives read a magazine article about the future of work KEY SKILL Identifying evidence</p> | <p>interview your partner about their plans and goals SPEAKING HUB discuss jobs and automation</p> |
| <p>read a magazine article about predictions in films listen to a debate about the future of transport KEY SKILL Identifying agreement and disagreement</p> | <p>discuss predictions from film and TV SPEAKING HUB debate transport options in a city</p> |
| <p>▶ watch a video about the automation of jobs ▶ watch people talking about running a small business</p> | <p>KEY SKILL Asking for clarification SPEAKING HUB conduct an interview on the use of robots in the workplace</p> |
| <p>read a magazine article about the reintroduction of wolves in Yellowstone park KEY SKILL Identifying cause and effect listen to a radio interview about making a house more eco-friendly</p> | <p>describe changes to an ecosystem SPEAKING HUB discuss how to make a school more eco-friendly</p> |
| <p>read an article about fast-growing cities listen to a radio interview with Mars One applicants KEY SKILL Listening for rhetorical questions</p> | <p>discuss key changes in your town or city SPEAKING HUB select the perfect team for a Mars mission</p> |
| <p>▶ watch a video about how to encourage changes in behaviour ▶ watch people discussing a green issue</p> | <p>KEY SKILL Taking the floor SPEAKING HUB prioritise steps we can take to live a greener lifestyle</p> |